

Community Resources

911 Emergency Response

211 Information and Referral

www.211info.org

Youth Services

385-468-4500

www.slco.org/youth/

Valley Behavioral Health

1-888-949-4864

www.ValleyCares.com

Family Counseling Center

801-261-3500

www.FamilyCounselingCenterUtah.com

University of Utah Health Care Crisis Line

801-587-3000

<http://healthcare.utah.edu/uni/>

National Alliance on Mental Illness (NAMI)

801-323-9900

www.namiut.org

The National Suicide Prevention Lifeline

1-800-273-TALK (8255)

www.suicidepreventionlifeline.org

LGBTQ - Trevor Lifeline

866-488-7386

<http://www.thetrevorproject.org/>

SafeTALK

<https://www.livingworks.net/programs/safetalk/>

Parenting Assistance Line

1-866-962-3030

<http://pal.ua.edu/>