Flex Information



SPARTAN FLEX PROGRAM

Information & Policy Regarding Murray High School Flex Program

Flex is held each day after 1st period. It is a *required study hall* for all MHS students, and they will receive 0.125 credit each quarter. That is 0.5 extra elective credit students earn each year. Flex is a great opportunity for students who use it properly. Students can also get a Flex pass to use doing this time to get help from a specific teacher, make-up or retake tests, quizzes, missed work, study, homework, or go to the library. Students can get help from *any* teacher during Flex hour by using a Flex pass.

Flex: Frequently Asked Questions:

How do I register for Flex?

Your Flex class will be assigned to you at the beginning of the year. Any time you are not requested by another teacher, you will remain in your assigned Flex class.

How do I use a Flex pass?

Teachers may request you to attend their Flex class. You may also request extra help yourself. In this case, you need to get the Flex pass BEFORE 1st PERIOD BEGINS. Here are the steps to follow:

- 1) Before 1st period or earlier, go to the teacher whose Flex class you want to attend and request a Flex pass.
- 2) Bring your Flex pass to your assigned Flex class with you. After roll call, show your Flex Pass to your assigned Flex teacher.
- 3) Taking your Flex Pass with you, move quickly to the teacher who requested you for Flex. That teacher will keep your Flex pass for record of attendance.

Note: If you fail to use the Flex pass, once released, you will be considered sluffing Flex that day and may be in danger of failing the class.

How do I fail Flex?

Failing Flex is based primarily on attendance/tardies. Flex is four days a week. Being absent and/or tardy **nine or more** Flex classes in the quarter (excused or unexcused) will result in failing Flex class for the term. If you are caught sluffing or are verified to have sluffed during Flex, you are in danger of failing Flex for the term.

If you are not using a Flex pass, you will:

- silently read
- study
- work on homework

Not following these expectations may cause you to fail Flex class.

Note: Excused absences involving extenuating circumstances (i.e. long-term illness where administration is involved) may be given an NG (No Credit) for the term.

How does Flex affect my citizenship grade?

Since your grade in Flex is primarily based on attendance, this period will *not* have a citizenship component.

What happens if I fail a Flex class?

You will earn a 'P' (pass) or an 'F' (fail) on your transcript. Failing Flex will affect your GPA and eligibility standing for UHSAA participation. Passing Flex will give you elective credit for the term.

We are excited to offer the opportunity for students to get additional time and support during the school day. It is our goal that all students be successful and achieve at a high level. Students are encouraged to utilize Flex time to become the best students they can be!

Student Signature	Parent Signature

